

EAR CANDLING (Thermal Auricular Therapy)

An Ear Candling treatment can be helpful for easing sinusitis, and ear, nose and throat problems.

The candle is lit and placed gently into the ear and held in place by the therapist throughout the treatment.

The candling is followed by a facial massage designed to help drain the sinuses and promote deep relaxation.

Ear Candling is NOT a medical treatment and will not be performed on anyone with a perforated eardrum, grommets, an ear infection or if the ears have been syringed or candled 48 hours prior to treatment

£35.00 (45 mins)